

Volunteer Star



**NURSING
8 Years**

GINGER HEIM, B.S.N., R.N.

What is your volunteer role at CVIM?

I am a nurse on Wednesday afternoons. I take patients' vital signs, note their chief complaint, and when necessary do blood sugars, urine tests, EKGs, and give injections.

What brought you to volunteer at CVIM?

My friend, Sylvia Severance, talked to me about volunteering at CVIM many times before I retired in 2004. I started at the clinic a year later.

How does volunteering at CVIM make you feel?

It is the happiest place I have ever worked. The doctors are happy because they have significant time to spend with the patients; the nurses are here because they really want to be and are happy to be of real help; the patients are happy because they receive such good care in such a great environment.

To interest your friends in volunteering at CVIM, what would you say?

You will receive much more than you could ever give, and you will spend your days with wonderful people.

Have you recruited any other volunteers to work at CVIM?

Yes, my friend, Linda Beisty, who now works in the reception office. I am encouraging a nurse friend and my own doctors. Some of the physicians who are here now are still in practice and come to help when they might otherwise have a day off from their own practices. Wow!

Ginger wears many hats:

Ginger started out 55 years ago as a public health nurse. She became a Foreign Service nurse for the U.S. State Department in Asia and Africa. She was also the Health Officer for Radnor Township for many years.

When Ginger is not at CVIM, she likes to:

Be with her 12 grandchildren, helping out when needed! She also likes to travel, take water aerobics and yoga classes, read, knit, and lector at St. Monica's Church, and is even trying to learn Spanish with some of the other volunteers at the clinic.

