

Volunteer Star



KIM STONE, M.D.

**PHYSICIAN
2 years**

What duties do you perform in your volunteer role at CVIM?

I am a pediatrician and provide preventive, chronic and acute medical care to patients once a month at CVIM. Obesity-related issues take up most of my time. Last fall I received grant funding for STEP by STEP, a family-centered fitness and nutrition program. We had weekly meetings about healthy eating and exercise like Zumba and even went to a farmer's market.

What brought you to volunteer at CVIM?

Dr. Mary felt I had something to offer. I had moved from England to Chester County in December 2010, and I had never practiced in PA. While getting licensed, a mutual friend mentioned CVIM and Dr. Mary. We met, and the rest is history!

How does volunteering at CVIM make you feel?

I feel valued and blessed. It has been great to meet so many wonderful people committed to providing high quality health care. CVIM has a special patient population, and I am grateful to have the opportunity to get to know many of the people we serve.

What would you tell your friends to interest them in volunteering at the clinic?

It is one of the greatest experiences of my career. Practicing medicine at CVIM is so collaborative, which is difficult to do in busy private practices these days. There are ample teaching opportunities. The best part is being able to really spend time with patients, so that they can be heard and their health concerns addressed.

What other hats have you worn?

Currently I work 1-2 days per week at Nemours DuPont Pediatrics in Middletown, DE. I also chair the Children's Subcommittee of the Chester County Mental Health/Intellectual and Developmental Disabilities Advisory Board. I have a Master in Public Health from Johns Hopkins and have done research on injury prevention for children. Last summer I went on my first medical mission trip to Malawi, Africa.

When you're not at CVIM, what are a few of the things you do for enjoyment?

What I love the most is to spend time with my family. We love to travel, and I spend a lot of time taking and organizing pictures! I run, play tennis, help coach my daughter's softball team and assist with costumes for my older daughter's musicals.

